

Certified



Corporation



The more you bring MAHTA into your life, the more we give back to the **forest**.

Mahta prioritizes ancestral Amazonian fruits and seeds. We create products that are clean label, free from chemicals and packed with high nutritional density - our commitment to regenerating human health

Make Mahta part of your routine.

A conscious choice for your health that helps keep the forest thriving.



360 g MAKES UP TO **9 servings**



mahta.bio

Amazonia
SELECTION

EXCLUSIVE AUTHORISED
DISTRIBUTOR OF MAHTA

An original blend of ancestral ingredients that replaces meals, **regenerates** the gut, and connects you to the energy of the forest.





From the **Amazonian** biome to your gut microbiome

Experience all the power of the forest biodiversity and embrace a regenerative, conscious eating routine.

Mahta's Amazonian Superfoods combine 14 natural ingredients into a delicious food that regenerates the human microbiome, promoting health, energy, and well-being.

- Rich in prebiotic fibers that regulate gut health
- High in protein with a diverse range of essential amino acids
- Packed with antioxidants that fight free radicals
- Provides satiety, potentially aiding in weight loss
- Replaces a complete meal or serves as a light and nutritious snack



15g

Protein
per serving

6g

Fibre per
serving



Plant-
based



A delicious blend that nourishes and fulfills.

What is Mahta's Superfoods Blend?

A meal replacement shake made with regenerative ingredients for the gut microbiome, low-carb, rich in protein and prebiotic fibers.

Mahta's Superfoods in Powder celebrates Amazonian diversity and ancestral knowledge by bringing together ingredients from the richest soil on Earth. Each serving of this Mahta superfood offers a carefully selected blend of bioactive compounds that replaces a meal, nourishing and strengthening the body from the inside out. This exclusive blend of fruits and seeds is a tribute to the connection between humans, traditional wisdom, the forest, and nutritional science.

How to Enjoy

For a creamy and delicious treat, blend your Superfoods with our Brazil Nut Powder Beverage for the perfect smoothie!

How to Prepare

Mix the entire contents of this sachet with 180 ml of room temperature or cold water for a nutritious and tasty snack.